



'To Seek a Worthy Goal'

## Sun-smart Guidelines

**VISION:** Clare High School is a learning community that inspires, supports and challenges every young person to engage in achieving success, fostering education, social development and wellbeing.

First Developed: February 2006

Last Reviewed: August 2016

### Rationale:

Over exposure to the sun presents a serious health risk. Students must be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

### Aims:

- To increase student and community awareness of skin cancer and safe, sunsmart practice.
- To assist students to develop strategies which encourage responsible decision-making about sun protection.
- To provide a safe school environment.
- To encourage students, parents, teachers and staff to wear protective clothing, hats and sunscreen during high-risk times such as lunch times, sports, camps and excursions.

### Implementation: (This policy is to be read as part of our Student Dress Code)

- All students are required to have an approved broad brimmed or bucket hat present with them at all times during terms 1 and 4 whenever they are outside for recess and lunch breaks or during extended learning activities. This includes at School Sport and Swimming Carnivals.
- Peaked caps are not permitted on the school grounds at any time
- Hats must be worn at all times whilst the student is in direct sunlight. The student may remove their hat only when they are situated in an undercover shade area.
- Students who do not comply with the school's sunsmart policy will initially be confined to designated shade area. If problems persist, the Behaviour Management procedures will be initiated.
- Staff will act as role models by also wearing broad brimmed hats when outside.
- Students without broad brimmed hats will be restricted to designated shaded areas. For Middle School students this area is located under the Middle School veranda and for senior students, this area is located under the music hall veranda/canteen area
- Students will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). Sunscreen will be provided in each classroom, and on excursions. Sunscreen will be applied by students according to the manufacturer's directions, under the supervision of teachers.
- Whenever possible, outside activities on hot days should be scheduled before 11:00 am.
- The school will provide adequate shade structures for students as practicable; particularly over high-density areas such as eating spaces and passive leisure locations. Temporary shade structures will be erected at events such as swimming and athletic sports.
- The school will ensure that school uniform broad brimmed hats are available for purchase from the uniform store.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school will seek accreditation as a Sunsmart school.
- The Cancer Council will be contacted annually to obtain up-to-date information and advice.

**Supporting Documents:** Student Behaviour Management Policy,  
Student Uniform Policy  
This policy was last ratified by the Governing Council in.....

August 2016

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Government of South Australia

Department for Education and  
Child Development