

**Your pathway.**  
**Your career.**  
**Your choice.**

**Sport  
and Fitness**



Government of South Australia  
Department for Education

[studentpathways.sa.edu.au](http://studentpathways.sa.edu.au)

**Student  
Pathways**



Government  
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# Sport and Fitness

Year 10

Year 11

Year 12

Study VET while you complete SACE

## Traineeship / Apprenticeship (Contract of Training):

- SIS20122 Certificate II in Sport and Recreation
- SIS20221 Certificate II in Sport – Developing Athlete
- SIS30122 Certificate III in Sport, Aquatics and Recreation
- SIS30321 Certificate III in Fitness
- SIS30421 Certificate III in Sport – Athlete
- SIS30521 Certificate III in Sport Coaching

OR

## Qualifications for Institutional Delivery (off-the-job):

### Skills Clusters:

- Advanced Fitness (Client Screening)
- Advanced Gym Based Programs for Individual Clients

### Skill Sets:

- SSSS00132 Swimming and Water Safety Teacher Skill Set

+

## PLUS

### Industry specific requirements, including:

- Department of Human Services Working with Children Check (Instructor)

+

## PLUS

### Customised SACE subjects

- Pastoral care – mentoring and monitoring



Work in  
your career.

### Use your VET qualification to work as:

- Athlete
- Leisure Services Officer
- Recreation Officer (Disability)
- Sport and Administration Officer
- Sport Coach
- Lifeguard
- Recreation Leader
- Fitness Instructor
- Swimming Instructor

Further  
your career  
with VET.

### Study:

- SIS40122 Certificate IV in Sport, Aquatics and Recreation
- SIS40321 Certificate IV in Sports Coaching
- SIS50122 Diploma of Sport, Aquatics and Recreation Management
- SIS40221 Certificate IV in Fitness

### To work as:

- Aquatic Operations Coordinator
- Duty Manager (Recreation)
- Recreation Activities Coordinator
- Health & Wellness Coordinator
- Swim School Coordinator
- Senior Sports Coach
- Strength & Conditioning Coach
- Sports Centre Manager
- Sports Program Manager
- Personal Trainer
- Sports Development Officer

Further your  
careers with  
university.

### Study at university to work in:

- Bachelor of Human Movement/ Bachelor of Nutrition & Food Sciences
- Bachelor of Sport & Active Recreation
- Bachelor of Business (Sport & Recreation Management)
- Bachelor of Exercise & Sport Science/ Bachelor of
- Psychology (Counselling & Interpersonal Skills)